

"Every ripple of kindness we release into the world has the potential to touch a life in a profound and lasting way."

Daily Kindness Calendar for Advent and Christmas

How we spend our days is how we spend our lives. Annie Dillard

					Dec 1 List 10 things you're grateful for right now	2 Make up a food donation box and deliver it to someone
3 Put your loose change into a charity donation box	4 Practice compassion when in a slow moving line. Send love and light ahead of you	5 Light candles for a place or situation which is on your heart	6 Write a gratitude note and pop it in the mail to someone	7 Sing your way through the day	8 Internet and Cell phone free day	9 Smile at people you see, whether you know them or not, and enjoy their smile!
10 Read a story out loud to your friend, child, parent, or spouse	11 Bake some cookies today and give them all away	12 Color a picture for a child in your life	13 Make a meal for someone in need or visit someone who is lonely	14 Find someone to play your favourite childhood game with	15 It's "look on the bright side day" Give everything a positive spin	16 Let someone in front of you in traffic or store line up
17 Share an encouraging word with a friend in need	18 Take a friend to tea (or coffee), leave the cell phone in your bag	19 Enjoy grilled cheese and tomato soup (dipping is encouraged) or another favorite comfort dish	20 Visit a beautiful spot in or near your home. Breathe and listen. How is God preparing you for Christ's birth?	21 Enjoy your favourite photos, share them with a friend or family member and tell stories	22 Smile at all the store clerks you see today; let them know you appreciate them	23 Count all the candles you see lit up today

	24	25	26	27	28	29	30
	Take a walk and enjoy the Christmas lights	Spend time with someone who may be lonely over the festive season	List what you are thankful for, tell God, tell each other	Find someone you love. Tell them all the reasons why	Find someone you haven't met and start a conversation	Take yummy treats to the fire hall or emergency services	Go for a walk in nature. Take pictures and give thanks
	31	January 1	2	3	4	5	6
	Volunteer today	Pay it forward: buy coffee for the person behind you in line	Watch the sun rise. Pause and pray for God's light to shine on wounded souls	Read aloud to someone today	Ask God what he wants you to notice today	Notice who you <u>haven't</u> seen or heard from in a while. Give them a call	Epiphany today! Let your light shine! Bring joy to others.

Add your own acts of kindness here, and keep sharing the love!
